**36th Annual Walk for My Brother’s Table**

**Sunday, October 15, 2017**

**Registration at 1pm ❖ Walk begins at 1:30pm**



**Get ready to walk for My Brother’s Table!**

**The Steps You Take Will Help Provide over 185,000 meals**

Since 1982 My Brother’s Table has been providing free meals 365 days a year to everyone who comes to our door.

The money you raise will help us serve

over 185,000 meals this year alone!



3 Mile Walk along the Lynn/Swampscott shore begins at the Church of the Holy Name, 60 Monument Avenue in Swampscott

*All participants who raise at least $30 receive a free gift!*

*Top individuals and teams will be awarded additional prizes!*

Register yourself, form a team or sponsor someone at

<https://mbt.myetap.org/walk2017/>

or, if you prefer, call 781.595.3224

Can’t come to the walk? Complete our virtual walk at [www.mybrotherstable.org](http://www.mybrotherstable.org)